

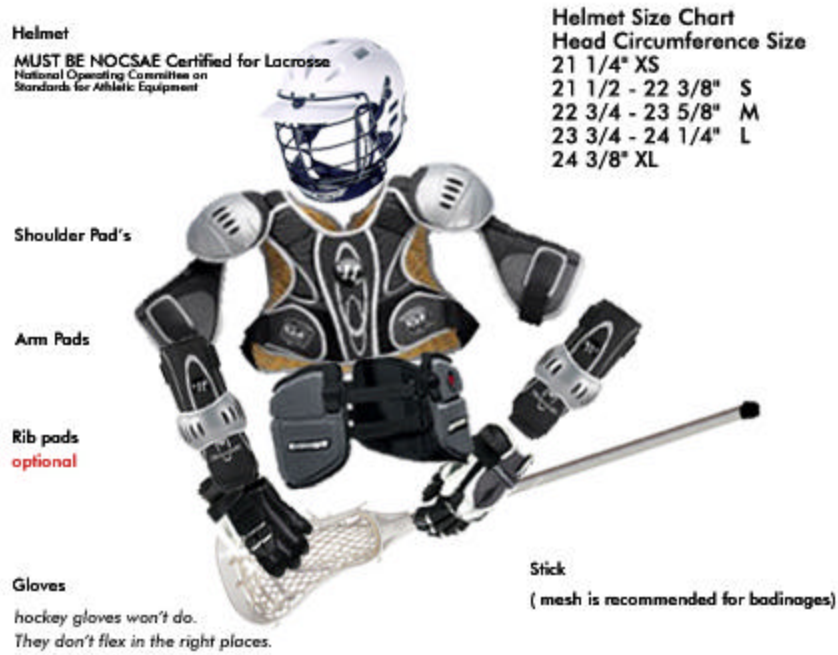


Medway Youth Lacrosse



Required Equipment List

Boys



- Stick
- Mouth Guard
- Lacrosse Helmet (NOCSAE approved **Hockey helmets are not acceptable**)
- Shoulder Pads
- Arm Pads
- Gloves (Hockey gloves do not flex properly for lacrosse)
- Athletic supporter with protective cup
- Rubber Sole cleats (soccer cleats are fine)

Girls

- Stick
- Mouth Guard
- Eye protection that meets ASTM specification standard F803
- Rubber Sole cleats (soccer cleats are fine)