

*Kix-n-Stx presents:*

# **JUMP START LACROSSE**

## **2010 Youth Lacrosse Program @ *The Fieldhouse* in Sudbury**

Featuring:

**Jodi Dolan**, Head Coach, Hopkinton High School & Boston Globe Girls Lacrosse Coach of the Year, 2006

**Stacey Freda**, Head Coach, 2x Division I State Champion, Framingham High School Girls Lacrosse

**Chrissy Muller**, Head Coach, Weston High School Girls Lacrosse

**EJ Kluge**, Framingham High School, Central MA Club Lacrosse

**Abbey Capobianco**, Assistant Coach, Bentley College

(Please note that not all staff will be at both sessions)

Join our outstanding high school and college coaching staff as you prepare for your spring lacrosse season! Jump start your spring with stick work, tactical development and conditioning!



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## **JUMP START LACROSSE 2010 Youth Program @ The Fieldhouse**



### **PARTICIPANTS:**

5<sup>th</sup>-8th grade girls

### **February Vacation Program:**

Wednesday, February 17th & Friday, February 19th: 3:00PM - 6:00PM

### **WHERE:**

The Fieldhouse: 31 Union Street, Sudbury MA 01776

### **COST:**

\$45 - 1 session or \$85 for both sessions

### **REGISTRATION:**

Send in registration form to:

**KIX-n-STX 9 Ridge Road, Hopkinton, MA 01748**

**JUMP START**  
**GIRLS YOUTH LACROSSE CLINIC**  
**HELD @ THE FIELDHOUSE IN SUDBURY**

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ 2<sup>nd</sup> Phone \_\_\_\_\_ Grade \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_ Parents Email \_\_\_\_\_

Years played \_\_\_\_\_ Will you need a stick? Yes or NO

(Please Check date)

**JUMP START YOUTH PROGRAM SESSION DATES**

**February Vacation Program: \$45 for 1 session or \$85 for both**

Wednesday, February 17th \_\_\_\_\_ Friday, Feb. 19th \_\_\_\_\_

Upon registering in the KIX-n-STX Jump Start Clinic, I assume all risks and attest that my daughter has had a medical examination performed by a doctor within the last year. I am aware lacrosse is a contact sport and that there is a risk of injury while practicing, playing, or competing. I agree to indemnify and hold harmless KIX-n-STX Sports and The Fieldhouse from any injuries or damages arising from my child's participation. I have read and understand the agreement.

Signature \_\_\_\_\_

Emergency Contact Number \_\_\_\_\_

**Return Registration form and registration fee (payable to KIX-n-STX) to:**  
**KIX-n-STX , 9 Ridge Rd., Hopkinton, MA. 01748**

Questions? Call Jodi Dolan @ 508-308-0700 or [gdolan8939@aol.com](mailto:gdolan8939@aol.com)

You will receive a confirmation/informational email upon registration! Space is limited.