



Achieve Lax

lacrosse leagues, tournaments, clinics and Mass Elite All Star Teams

What do the top Eastern Mass Lacrosse Teams have in common?

Their preseason **indoor leagues, tournaments and training sessions** are **COMPETITIVE!**

Who do they play for – **ACHIEVE LAX!**

Are you ready to be challenged?!
Are you ready to compete?!
Are you ready to bring it on?!
Bring your team to play
with **ACHIEVE LAX!**



[Register »](#)



2009-2010 Fall and Winter Indoor Lacrosse

Leagues

Fall and Winter Leagues for ~ youth and high school teams

Locations

The Canton Sportsplex and the JunglePlex, in Plymouth MA

Three Sessions:

Sept-Oct, Nov-Dec, Jan-Feb Start dates and registration will be posted online in August...

[View our League Details »](#)



Tournaments

Turkey Run »

Nov. 27 for girls,
~ youth and high school, at The Canton Sportsplex

Light It Up »

Dec. 26 for girls
~ youth, high school and college/post collegiate, at The Canton Sportsplex

All Elite »

Jan. 18, 2010 for girls
~ youth and high school, at ForeKicks, Marlborough





Training Programs

Gear Up Program for 2010!

An Achieve Lacrosse equation for success...

*Take the enthusiasm and skill level of the participants.
Add the experience and success of our coaches.
And the result is...GEAR UP*

[View Gear Up Details »](#)



- **NEW!** Rising Star Gear Up for youth players!
- Winter sessions start in January 2010
- Preseason sessions start in late February in several locations...
- After school and weekend sessions offered!
- Registration is open in September - register early this program closes out in weeks!!



2010 Gear Up Staff

Girls Staff

- Leslie Frank, Westwood
- Stacey Freda, Framingham
- Jen Kent, Norwell
- Jodi Dolan, Hopkinton
- Scott Biron, King Philip
- Missy Nash, Algonquin
- Beth O'Brien, Needham
- Paula Evans, Scituate
- Kelly Trahon, Weston
- Nicole Evans, Plymouth State
- and guest coaches...

Mass Elite ~ Lacrosse excellence since 1999



Our club affiliation...

Tryouts for 2009-2010 begin in August of 2009!

Check us out at www.masselite.com

Mass★Elite is a nonprofit organization dedicated to elevating talented youth and high school lacrosse players to the next level of lacrosse. And expose our future college players to coaches in DI, DII and DIII levels... As well as extend the opportunity to develop and play competitively in the off-season.

Composed of **Elite** Players and representing the strongest talent throughout the state of Massachusetts, **Mass★Elite** competes against all-star club teams within the national circuit.



We look to prepare our players for competition and for life. To provide them with the tools needed to become their best, to challenge themselves, and to ultimately succeed on and off the playing field. We extend to our athletes the importance of teamwork, camaraderie, leadership, honesty, fairness and competition. Great players are understated, humble and quiet; they stand out because their skill, sportsmanship and team play are obvious to all who watch. This is what we dictate to our players and it is evident in all we do and what we offer!

The **Mass★Elite** coaches are dedicated and experienced lacrosse coaches who love the game as much as the players and equally love working with each player as they continue to improve and excel in lacrosse.

[View our 2009 Tournament and Practice Schedule here »](#)

Hope to see you all this fall and winter!!

Achieve Lacrosse and Mass Elite Directors

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