



Medway Youth Lacrosse



2009-2010 Calendar of Events

(Dates subject to change)

Oct 2009:

Registration for the 2010 Season Opens

All programs including, U9, Indoor Winter Program. Register via Mail or at the live registration date (see www.medwaylax.com for details)

Oct 26th:

Medway Lacrosse Web Store Opens

Session #1 - Clothes and Gear for the Season (see www.medwaylax.com for details). Closing Dec 6th, shipments in time for Christmas

Nov 7th:

In-Person League Registration

At Charles River Bank in Medway 9am-1pm

Dec 2nd:

Start of Indoor Winter Sessions

Wednesday Evenings 7-8 and 8-9 PM

Dec 15th:

Deadline for Registration Forms

Any forms received after Dec 15th will need additional \$25.00 Late Fee

Feb 10th:

Last Indoor Winter Session

Feb 2010:

Medway Lacrosse Web Store Opens

Session #2 - Closing March 1st, shipments in time for the regular season (see www.medwaylax.com for details).

Mar 2010:

Indoor Practices Begin for Youth Regular Season

(Dates TBD)

Mar 2010:

High School Boys and Girls Season Begins

See www.highschoolsports.net for complete schedules

Beg. Apr:

Youth League Games Begin

U11, U13, U15 Boys and Girls and Boys Friday Night Lights (FNL)

Mid. Apr:

U9 Program Begins (Date and Time TBD)

May 2010:

MYL Golf Tournament Fund Raiser

The Major Fund Raiser for MYL

June 2010:

Regular Season Finishes - Team Send-offs

State-wide Lacrosse Jamboree (Date TBD)

For More Information Visit
www.medwaylax.com



Medway Youth Lacrosse



Back by Popular Demand for Our Third Year

Indoor Winter Session – U11 through U15

MYL will once again run an indoor winter session. Because of growing demand we have expanded the program again; doubling the field time to 4 fields. This is to allow more touches per player, more advanced play for skilled players, and more game experience.

We will run the session for both boys and girls depending on sign-ups. All skill sets are welcome. The group will be split at the appropriate times to accommodate different ages and skills.

The winter session is not mandatory, but is **highly recommended for new players** and is charged separately.

Enrolment will be on a first come first serve basis and will be capped to prevent overcrowding.

When – Wednesday nights Starting Dec 2nd ending Feb 12th.

Group #1 7-8 PM

Group #2 8-9 PM

Groups will be assigned by gender, age and skills.

Where – John Smith Sports Complex in Milford

Cost – \$100 per player

Sign up Now!

For More Information Visit
www.medwaylax.com



Medway Youth Lacrosse



Required Equipment List

Boys

Helmet

MUST BE NOCSAE Certified for Lacrosse
National Operating Committee on
Standards for Athletic Equipment

Helmet Size Chart

Head Circumference Size

21 1/4"	XS
21 1/2" - 22 3/8"	S
22 3/4" - 23 5/8"	M
23 3/4" - 24 1/4"	L
24 3/8"	XL

Shoulder Pad's

Arm Pads

Rib pads *optional*

Gloves

*hockey gloves won't do.
They don't flex in the right places.*

Stick

(mesh is recommended for badinages)



- Stick
- Mouth Guard
- Lacrosse Helmet (NOCSAE approved **Hockey helmets are not acceptable**)
- Shoulder Pads
- Arm Pads
- Gloves (Hockey gloves do not flex properly for lacrosse)
- Athletic supporter with protective cup
- Rubber Sole cleats (soccer cleats are fine)

Girls

- Stick
- Mouth Guard
- Eye protection that meets ASTM specification standard F803
- Rubber Sole cleats (soccer cleats are fine)



For More Information Visit
www.medwaylax.com



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Places to Buy Equipment

Medway Youth Lacrosse Web Store:

Starter packages are available from Atlantic Sports through the MYL on line store (see www.medwaylax.com for details). The store will be open for equipment purchase from October 26th through December 6th. Equipment will be shipped directly to your home.

Local:

Tri-Valley Sports in Medway – Local business with good customer service

106 Main St
Medway, MA 02053
(508) 533-5080

Region:

ComLax in Franklin – Specializes in Lacrosse, large selection

511 East Central Street,
Franklin, MA 02038
(508) 520-3424

Sports Authority in Milford – What you see is what you get

101 Cedar Street
Milford, MA 01757
(508) 634-4060

Used:

Replays in Walpole – Suggest calling first to make sure they have what you want

955 East St
Walpole, MA 02081
(508) 668-9990

Other On Line:

www.sportstop.com – Located in NH, used frequently by MYL

www.masscloseouts.com – Located in AZ, used once by MYL without an issue

For More Information Visit
www.medwaylax.com